



**UNIVERSITY OF
GEORGIA**

School of Public and International Affairs
Department of Political Science

POLS 1101: Introduction to American Government Fall 2023

Mondays and Wednesdays 11:30 – 12:20
and breakout section on Fridays

Room: Instructional Plaza N106

Instructor: Professor Bankert
Contact: alexa.bankert@uga.edu

Office Hour: Wednesdays 3-4 and by appointment
Office: Baldwin Hall, 380F

Course Description and Objective

This course is important – whether you are a Political Science major or not. You will be introduced to the fundamentals of the American government, such as its political institutions and main actors. Most importantly, this class aims to demonstrate how you are connected to the federal and state government in your daily life and present you with tools to become informed and act in politically meaningful ways. For this purpose, we will also examine what being American means in today's society and how our political institutions and behavior compare to other countries. This will also include a closer look at Georgia and its political system, so you gain a better understanding of how specific features of the American federal system shape politics. Ultimately, you will leave this class with a comprehensive understanding of how to critically evaluate and actively participate in the American political system.

Class Format

This class consists of a biweekly lecture (Mondays/Wednesdays) as well as a breakout session guided by a teaching assistant (TA) on Fridays. The lectures will take place in-person in Instructional Plaza N106. The breakout session will also take place in-person (classroom are listed below). Attendance in the breakout session is mandatory. **Please email your TA if you cannot make it to class.**

Sections

You will attend one breakout section on Fridays in addition to the main lectures on Mondays and Wednesdays. Please note that section attendance is mandatory. Please check Athena to identify the section you are enrolled in.

Sect.	Time	Place	Instructor	Email
38501	8:00-8:50	Baldwin 202	Colt Jensen	colt.jensen@uga.edu
42884	9:10-10:00	Candler 214	Colt Jensen	colt.jensen@uga.edu
42885	9:10-10:00	Park Hall 269	Michael Morgado	michael.morgado@uga.edu
42886	10:20-11:10	Journalism 508	Michael Morgado	michael.morgado@uga.edu
38506	10:20-11:10	Journalism 502	Aislinn Beak	aislinn.beak@uga.edu
38509	11:30-12:20	Journalism 513	Aislinn Beak	aislinn.beak@uga.edu
38517	11:30-12:20	Journalism 502	Ashley Pieper-Smith	ashley.pieper@uga.edu
38513	12:40-1:30	Psychology 111	Ashley Pieper-Smith	ashley.pieper@uga.edu
38515	12:40-1:30	Journalism 513	Dotun Seyingbo	aseyingbo@uga.edu
38511	1:50-2:40	Journalism 509	Dotun Seyingbo	aseyingbo@uga.edu
38507	12:40-1:30	Psychology 243	Sidney Shank	seshank@uga.edu

Feeling Lost? We can help!

I will strive to make sure that the course is understandable, and that assignments and exams are manageable. Your TA and I are here to help.

If you have any questions about the lectures or exams, please do not hesitate to contact me at alexa.bankert@uga.edu.

If you have any questions about grades, assignments, papers, eLC, and InQuizitive, please contact your TA. Emailing the right person will get you an answer more quickly.

Please give us at least 24 hours to reply to your email (except for the weekend). Please note that you cannot reply to an email I send out via eLC (ending in @uga.view.usg.edu emails). Please always use the emails listed in the table above.

Email Etiquette

Please be professional and polite when you email me or your TA. It is not just a sign of respect but also a reflection of you. Poorly written emails are a quick way to make yourself

look bad.

Before you hit send, read your email aloud and ask yourself:

- ⇒ Does it sound professional?
- ⇒ Does it sound like it could be a letter (not a text)?
- ⇒ Does it sound respectful?
- ⇒ Is everything spelled correctly?
- ⇒ Do I use proper punctuation and grammar?
- ⇒ Do I identify myself clearly, so my professor knows who I am and which class I'm in?
- ⇒ Do I address my instructor properly?
- ⇒ Is the subject line conveying the purpose of my email succinctly?
- ⇒ Am I using my official UGA email address? (**Note that we can only reply to emails sent from your official UGA account**)
- ⇒ Did I check the syllabus for an answer beforehand?

Office Hours

If you have difficulty with the course materials and/or assignments, please come talk to me or your teaching assistant. Don't be afraid to come by our office hours! We are not scary. However, please note that these office hours are for clarification of material, not for recreating a lecture or asking *extremely* detailed questions about the quizzes or the exam (My epitaph will read: "Will this be on the exam?")

If my office hour (Wednesdays 3-4) does not work for your schedule, please email me directly to make an appointment. I am available for in-person and Zoom meetings.

Required Text

We the People (14th essentials edition) – by Benjamin Ginsberg, Theodore J. Lowi, Margaret Weir, Caroline J. Tolbert, and Robert J. Spitzer **with access to InQuizitive**

*****Please note that you can also buy the textbook in an electronic format with the InQuizitive code at a more affordable rate here:**

<https://digital.wwnorton.com/wethepeople14ess>

eLC & Communication

Our course is administered through eLC. You will find all of our course materials through this website. You will also access and submit assignments on eLC.

My primary means of communication with the class will be through announcements posted in eLC. Makes sure you receive eLC updates for our class automatically via email (eLC > Click on your profile > Notifications > Instant Notifications).

Please note that you cannot reply to an email I send out via eLC (ending in @uga.view.usg.edu emails). When emailing is, please only use the email addresses listed in the syllabus. Please also note that – due to privacy and confidentiality concern – I can only reply to emails sent from your UGA account.

TopHat

You are also required to purchase a *Top Hat* account. If you already have one from a prior class, you won't need to create a new one. If you do not have an account yet, please go to <https://support.tophat.com/s/article/Student-Top-Hat-Overview-and-Getting-Started-Guide> for instructions on how to get started with Top Hat. You will need access to your Top Hat account during the lecture either through your laptop or your phone. Our class is called "POLS1101 Prof. Bankert Fall 2023 (11:30-12:20)". The join code for this class is 014547. Please note that there is an additional TopHat course for your breakout section. Your TA will provide the join code for that course.

Evaluation

Short Paper: You will complete **one** short paper in this course. Paper topics are listed in the syllabus and match each week's theme. Please make sure to stick with the paper prompt and to rely on factual information and authoritative sources when crafting your argument. Note that the due date of the paper varies according to the topic you choose.

There is a sign-up sheet under your breakout section's tab on eLC where you can sign up for a particular paper topic. Once you sign up for a topic, you can change your paper topic only with your TA's approval. Please note that a maximum number of 5 students can sign up for each topic. If you have not signed up for a topic by Friday, September 29, your TA will assign you to a topic. Your TA won't be able to accept and grade a paper on a topic that you did not sign up for.

Short papers can range from 5 to 10 pages (double spaced) and are due by 6pm on Friday the following week (see deadlines in the course schedule). Please make sure to discuss the criteria of the paper with your TA in advance. You can submit a draft of your paper to your TA for review. This draft must be submitted by the prior Friday at 6pm to get feedback by the following Tuesday. **Drafts must be submitted directly to your TA's email account, while your finalized paper must be submitted via eLC under Tools > Assignments.**

Unauthorized use of artificial intelligence software or word mixing software to write your paper or disguise plagiarized work is considered unauthorized assistance in this course. We do conduct regular checks of papers to identify whether an assignment was created using generative AI. If we believe a violation of A Culture of Honesty may have occurred, we have a responsibility to report to the Office of Academic Honesty.

Midterm: The midterm will consist of multiple-choice questions with varying levels of difficulty. These questions will cover material from the first half of the semester. *As of now, the midterm exam is scheduled for Wednesday, October 11, 11:30 am – 12:20 pm in Instructional Plaza N106.* If you accidentally miss the midterm exam, I will, regrettably, not be able to offer a make-up exam. **Please purchase an 882-E scantron form for the exam at the UGA bookstore.**

Final Exam: The final exam is **not** cumulative and will consist of multiple-choice questions with varying levels of difficulty. *As of now, the final exam is scheduled for Monday, December 11, from 12 – 3 pm in Instructional Plaza N106.* If you accidentally miss the final exam, I will, regrettably, not be able to offer a make-up exam. **Please purchase an 882-E scantron form for the exam at the UGA bookstore.**

InQuizitive: “InQuizitive” tests your comprehension of the assigned readings. To access it, you will need the code that comes with your textbook. These assignments must be completed via eLC and are due every Friday at 6pm of each week. If you complete the assignments through an external website, we will not be able to give you any credit for it. So please access “InQuizitive” only through eLC. (Note that bookmarking the InQuizitive website does not work either. You need to use the link I post on eLC every Monday).

Readings and Quizzes: The required readings typically include one chapter of the textbook per week. If any additional readings are assigned, they will be made available electronically on eLC or via the UGA library system (<https://www.libs.uga.edu/>). It is important that you stay current with these readings so that you can follow along with lectures and participate in discussions in your sections. I would strongly recommend you finish the readings before you complete any assignments. Over the course of the semester, there will be 4 short pop quizzes (3-5 short answer questions) based on prior lectures and assigned readings so make sure you are familiar with each chapter’s key terms. Quizzes take place in your breakout session on Fridays.

Participation: Please note that attendance in the breakout section is required. If you cannot make it to class, please let your TA know in advance. Attendance in the in-person breakout session is mandatory. We allow for 2 unexcused absences throughout the semester. We do not need to know the reason for these absences. Any unexcused absences after the 2 freebies will result in a 5% deduction from your final participation grade for each absence. Please note that if you miss a quiz while taking one of your freebies, you won’t be eligible for a makeup quiz.

Excused absences are given when your TA receives one of the following: an official UGA excuse, a medical note, or a student-athlete responsibility. Documentation is required for all of these.

Your participation grade (10%) will primarily be based on participation in your breakout session as well as participation in *TopHat* during the breakout session. You can also earn bonus points for your participation score through regular participation in *TopHat* during

the lecture.

Please note that even perfect attendance without active participation does not guarantee a good participation score. You can find an overview of how we assess participation below:

6 points	Student attends breakout section and regularly participates in class discussions. Student contributions critically engage with the material and with class peers.
5 points	Student attends breakout section and regularly participates in class discussions. Student contributions critically engage with the material.
4 points	Student attends breakout section and regularly participates in class discussions. Student contributions involve examples from personal life, but they lack critical engagement with the material.
3 points	Student attends breakout section and occasionally participates in class discussions and TopHat.
2 points	Student attends breakout section but does not participate in the discussions and TopHat.
1 point	Student does not attend/ attends infrequently breakout section

Online Research Study: You are required to participate in an online research study. The study will take approximately 20-25 minutes and is supposed to provide you with an understanding of political science research. The study is a simple online survey that consists of multiple questions about your political opinions. All answers remain completely anonymous. The link to the online survey will be distributed via email by the end of October. You can complete the survey until Friday, December 1.

Grading Breakdown by Percentage:

Final Exam: 20%

Midterm: 20%

Short Paper: 15%

Quizzes: 15%

InQuizitive: 15%

Participation: 10%

Participation in Online Research Study: 5%

Grading Scale for Final Semester Grades

100-94 A	79-77 C+	63-60 D-
93-90 A-	76-74 C	59-0 F
89-87 B+	73-70 C-	
86-84 B	69-67 D+	
83-80 B-	66-64 D	

****Please note that there is no standard rounding policy. Rounding decisions can be made on a case-by-case basis and are largely determined by your TA.****

Important Class Dates

First Day of Class: Wednesday, August 16

Drop/Add: August 16 – 22

Labor Day (No Class): Monday, September 4

Midterm Exam: Wednesday, October 11

Withdrawal Deadline: Monday, October 23

Fall Break: Friday, October 27

Thanksgiving Break: November 22 – 24

Classes Resume: Monday, November 27

Friday Class Schedule in Effect: Tuesday, December 5

Classes End: Tuesday, December 5

Reading Day: Wednesday, December 6

Final Exam: Monday, December 11

Distribution of link to research survey by the end of October

Deadline for completing the research survey: Friday, December 1

Grade Appeals, Incompletes, Late Assignments, and Make-Up Policy

Any questions you have regarding grades should be directed to the teaching assistant. If you are unable to resolve the matter with him, you may appeal the grade to me within two weeks of receiving your grade. Keep in mind that formal grade appeals must be made in writing, and in the case of a paper, I will re-grade your entire paper. Therefore, your grade can go up or down. In your written appeal, elaborate on how you fulfilled the rubric's criteria so that I can compare your assessment to your TA's.

A final grade of "Incomplete" will only be given in this course under exceptional circumstances and is solely at the discretion of the instructor. If an incomplete is given, it is the student's responsibility to complete the necessary requirements as early in the following semester as possible. Legitimate excuses for absence from an exam (e.g., religious holiday, medical emergency, or illness) must be presented to the teaching assistant and accepted prior to the exam/quiz when feasible.

Late paper submissions will be docked a half letter grade per day, for each day that a paper is late (including weekends). InQuizitive cannot be submitted late for credit unless you arranged an extension with your TA in advance.

Course Schedule

Week 1 (August 16)

Topic: Introduction to the Class

Readings: Read the syllabus *carefully*. You can find it on eLC under “Course Documents”.

Week 2 (starting August 21)

Topic: The Citizen and the Government

Chapter 1 in “We The People” & Dudley Poston and Rogelio Sáenz, “[The U.S. White Majority Will Soon Disappear Forever](#)”

Weekly Online Assignment: Chapter 1 on InQuizitive due by 6pm on August 25

Week 3 (starting August 28)

*****No Class on Wednesday, August 30 due to Conference Travel*****

Topic: The Founding and the Constitution

Readings: Chapter 2 in “We The People” & The Constitution of the United States of America pp. A11-A23 & The Georgia Constitution

Weekly Online Assignment: Chapter 2 on InQuizitive due by 6pm on September 1

Week 4 (starting September 6)

*****No Class on Monday, September 4 due to Labor Day*****

Topic: Federalism

Readings: Chapter 3 in “We The People” & Jennifer Selin, “[Trump versus the States](#)”

Weekly Online Assignment: Chapter 3 on InQuizitive due by 6pm on September 8

Short Paper Topic: Think about the COVID-19 crisis which has put states’ power in contention with national power. Discuss whether the pandemic response should be addressed at the national or state level. (Due by 6pm on September 15)

Week 5 (starting September 11)

Topic: Civil Liberties

Readings: Chapter 4 in “We The People” NPR: “[Music Midtown pulls the plug over Georgia's gun laws](#)”

Weekly Online Assignment: Chapter 4 on InQuizitive due by 6pm on September 15

Short Paper Topic: Read “[Free speech in America: is the US approach fit for purpose in the age of social media?](#)” How does the U.S. differ in its free speech protection from other countries and why? How does this difference impact the U.S. ability to address the spread of false information, conspiracy theories, and echo chambers online? Evaluate the costs and benefits of the First Amendment rights. (Due by 6pm on September 22)

Week 6 (starting September 18)

*****No Class on Wednesday, September 20 due to Conference Travel*****

Topic: Civil Rights

Readings: Chapter 5 in “We The People” & listen to Terry Gross “[A 'Forgotten History' Of](#)

[How The U.S. Government Segregated America](#)

Weekly Online Assignment: Chapter 5 on InQuizitive due by 6pm on September 22

Short Paper Topic: Imagine you are a legislative staffer. Draft a policy memo on the impact of COVID-19 on existing racial discrepancies in American society (e.g., education, income, health, etc.). How can the government address these discrepancies? Address possible strengths and weaknesses in your proposed strategies. (Due by 6pm on September 29)

Week 7 (starting September 25)

Topic: Public Opinion

Readings: Chapter 6 in “We The People” & learn about [Georgians’ views on abortion](#)

Weekly Online Assignment: Chapter 6 on InQuizitive due by 6pm on September 29

Short Paper Topic: Take the Pew Research Center’s political typology quiz at <https://www.pewresearch.org/politics/quiz/political-typology/>. This site identifies your political ideology based on your opinions. What comes first, political opinions or ideology? In your opinion, what *should* come first? Discuss. (Due by 6pm on October 6)

Week 8 (starting October 2)

Topic: The Media

Readings: Chapter 7 in “We The People”

Weekly Online Assignment: Chapter 6 on InQuizitive due by 6pm on October 6

Short Paper Topic: Pick a current political topic and compare how it is reported on one of the national news (ABC, CBS, or NBC), one of the cable news (CNN, MSNBC, or FOX NEWS), and one newspaper (New York Times, Wall Street Journal, or The Washington Post). Identify the different frames and evaluate their impact on readers’ understanding of the issue at hand. (Due by 6pm on October 13)

Week 9 (starting October 9)

*****Midterm Exam on Wednesday, October 11*****

Topic: Political Parties and Interest Groups

Readings: Chapter 8 in “We The People” & Kwame Anthony Appiah, [“People Don’t Vote for What They Want; They Vote for Who They Are”](#)

Weekly Online Assignment: Chapter 8 on InQuizitive due by 6pm on October 13

Week 10 (starting October 16)

Topic: Participation, Campaigns, and Elections

Readings: Chapter 9 in “We The People” & [“Ballot drop box access in Georgia”](#)

Weekly Online Assignment: Chapter 9 on InQuizitive due by 6pm on October 20

Short Paper Topic: Write a list of reasons individuals may not vote. Examine the role of personal motivation as well as institutional barriers in your answer and propose possible strategies to increase turnout. (Due by 6pm on October 30)

Week 11 (October 25)

*****No Class on Monday, October 23 due to Conference Travel*****

*****No Breakout Session on Friday due to Fall Break*****

Topic: Congress

Readings: Chapter 10 in “We The People” & identify and learn [about your Georgia state legislator](#)

Weekly Online Assignment: Chapter 10 on InQuizitive due by 6pm on October 30

Short Paper Topic: Look up your representative’s recent voting records and ideological placement (<https://www.govtrack.us/congress/votes>). Make a list of five issues he or she voted on, and state whether you would have voted the same way on behalf of your district. In your answer, consider your district’s economic and socio-economic characteristics. Justify your decisions. (Due by 6pm on November 3)

Week 12 (starting October 30)

Topic: The Presidency

Readings: Chapter 11 in “We The People” & [“The reason why presidents can't keep their White House records”](#)

Weekly Online Assignment: Chapter 11 on InQuizitive due by 6pm on October 3

Short Paper Topic: Read about three recent executive orders issued by President Biden [here](#). Compare and contrast the original intent behind executive orders as well as their contemporary use. How has political polarization changed the use of executive orders? Do executive orders further deepen the partisan divide? Why or why not? (Due by 6pm on November 10)

Week 13 (starting November 6)

Topic: The Bureaucracy (it is not going to be as boring as it sounds)

Readings: Chapter 12 in “We The People” & [“Georgia Abortion Law Says a Fetus Is Tax Deductible”](#)

Weekly Online Assignment: Chapter 11 on InQuizitive due by 6pm on November 10

Short Paper Topic: Read Dan Balz [“Crisis exposes how America has hollowed out its government”](#). Why did the U.S. response to the COVID-19 pandemic differ so much from the European one? What is the role of the bureaucracy in times of crisis? (Due by 6pm on November 17)

Week 14 (starting November 13)

Topic: The Federal Courts

Readings: Chapter 13 in “We The People” & read about the [Justices of the Georgia Supreme Court](#)

Weekly Online Assignment: Chapter 13 on InQuizitive due by 6pm on November 17

Short Paper Topic: Read [“A Transformative Term at the Most Conservative Supreme Court in Nearly a Century”](#). How has SCOTUS changed after the confirmation of Neil Gorsuch, Brett Kavanaugh, and Amy Coney Barrett? Would conservative judges ever side with liberal judges (or vice versa)? Cite evidence from SCOTUS cases in your response. (Due by 6pm on November 27)

Week 15 (November 20)

*****No Class on Wednesday and No Breakout Section on Friday due to Thanksgiving Break*****

Topic: Domestic Policy

Readings: Chapter 14 in “We The People” & “[In Her Hands – A Guaranteed Income Initiative in Georgia](#)”

Weekly Online Assignment: Chapter 14 on InQuizitive due by 6pm on November 27

Short Paper Topic: Describe the level of income inequality in the U.S. and compare it to other countries (<https://data.oecd.org/inequality/income-inequality.htm>). Why should or should we not care about income inequality? What are the consequences of income inequality on society and the economy? (Due by 6pm on December 1)

Week 16 (starting December 4)

*****Breakout Section on Tuesday*****

Topic: Foreign Policy

Readings: Chapter 15 in “We The People” & Oliver Niu “[Why American Voters Should Care More About Foreign Policy](#)”

General Expectations

What I expect from you:

- To acknowledge that this is a really big class. We have 300 students! That is a big community of students. That is why we have 11 different breakout sections. Your TA is the person with the most knowledge about you and your grades.
- To check eLC (esp. announcements) on a regular basis during the week and read my emails. Even better: Enable automatic eLC updates.
- To follow professional norms when writing an email to me or your TA.
- To do the readings even when there is no quiz.
- To participate in the breakout sessions.
- To submit assignments on time.
- To check the syllabus before you email me. (In 65% of student emails, the answer is in the syllabus.)
- To post questions about the readings and the lecture to our Q&A board on eLC.
- To email me when neither the syllabus nor the Q&A board have the answer you need.
- To work on your response paper as soon as possible rather than last minute.
- To follow academic honesty policies.
- To be open-minded about the material – even if it is challenging.

What you can expect from me and your TA:

- To acknowledge that you have obligations beyond this class, including other coursework, caretaking responsibility, and/or jobs.
- To be available via email every weekday (at least from 9-5pm) and Zoom (via appointment).
- To provide all additional readings via eLC.
- To communicate module goals, assignments, and deadlines on a weekly basis and to send out additional reminders.
- To be respectful when you seek help or advice.
- To grade quizzes, exams, and assignments in a timely manner.
- To provide a detailed rubric for your response paper.
- To provide feedback while you work on your response paper.
- To provide relevant course materials on time.
- To be comically excited about political science.
- To be open-minded about your needs and expectations – even if it is challenging. 😊

Syllabus Policy

I reserve the right to make changes to the syllabus if necessary. I will give you fair notice (at least a week) if something, such as a reading assignment, is to change.

Culture of Honesty Policy

The University of Georgia has an academic honesty policy. You are responsible for knowing and complying with the policy and procedures relating to academic honesty. To understand what constitutes dishonest work, as defined by the University, please carefully review the policy here: <https://ovpi.uga.edu/academichonesty/academic-honesty-policy>. All students enrolled in University courses are expected to complete coursework responsibilities with fairness and honesty. Failure to do so by seeking unfair advantage over others or misrepresenting someone else's work as your own can result in disciplinary action. Students caught cheating or plagiarizing will automatically receive an F in the course.

Disability Resource Center

If you anticipate needing classroom or exam accommodations due to the impact of a disability or medical condition, you must register for services with the Disability Resource Center. Additional information can be found here: <http://drc.uga.edu/>

Withdrawal Policy

Undergraduate students can only withdraw from four courses and receive a withdrawal-passing (WP) grade while enrolled at the University. Students can drop any class without penalty during the drop/add period at the beginning of every semester. Dropped courses

during the drop/add period do not qualify as withdrawals. Instructors have the ability to withdraw a student from the class due to excessive absences. Please carefully review the policy in its entirety here: <http://www.reg.uga.edu/policies/withdrawals>

Prohibition on Recording Lectures

In the absence of written authorization from the UGA Disability Resource Center, students may not make a visual or audio recording of any aspect of this course. Students who have a recording accommodation agree in writing that they:

- Will use the records only for personal academic use during the specific course.
- Understand that faculty members have copyright interest in their class lectures and that they agree not to infringe on this right in any way.
- Understand that the faculty member and students in the class have privacy rights and agree not to violate those rights by using recordings for any reason other than their own personal study.
- Will not release, digitally upload, broadcast, transcribe, or otherwise share all or any part of the recordings. They also agree that they will not profit financially and will not allow others to benefit personally or financially from lecture recordings or other course materials.
- Will erase/delete all recordings at the end of the semester.
- Understand that violation of these terms may subject them to discipline under the Student Code of Conduct or subject them to liability under copyright laws.

Preferred Name and Pronouns

Professional courtesy and sensitivity are especially important with respect to individuals and topics dealing with differences of race, culture, religion, politics, sexual orientation, gender, gender variance, and nationalities. Class rosters are provided to the instructor with the student's legal name. I am eager to address you by your preferred name and/or gender pronoun. Please advise me of this preference early in the semester so that I may make appropriate changes to my records.

COVID-19 Safety Procedures

Face coverings. Face coverings in public spaces, including classrooms, are recommended for all.

Keeping it clean. You can help slow the spread of the virus by frequently washing your hands.

Your health. You are urged to self-monitor for signs or symptoms of COVID-19.

Check your email regularly so you don't miss important information, and also check the University COVID-19 website for updates and resources, this web site includes links from student affairs with helpful, up-to-date messages for students and parents.

Mental Health and Wellness Resources

If you or someone you know needs assistance, you are encouraged to contact Student Care

and Outreach in the Division of Student Affairs at 706-542-7774 or visit <https://sco.uga.edu>. They will help you navigate any difficult circumstances you may be facing by connecting you with the appropriate resources or services.

- UGA has several resources for a student seeking mental health services (<https://www.uhs.uga.edu/bewelluga/bewelluga>) or crisis support (<https://www.uhs.uga.edu/info/emergencies>).
- If you need help managing stress anxiety, relationships, etc., please visit BeWellUGA (<https://www.uhs.uga.edu/bewelluga/bewelluga>) for a list of FREE workshops, classes, mentoring, and health coaching led by licensed clinicians and health educators in the University Health Center.
- Additional resources can be accessed through the UGA App.